

MENS LIFE BLOOMINGTON

Tuesday, March 10, 2026

Authentic Brotherhood | Relationship Dynamics

Overview: In recent weeks we explored **Servant Leadership** and **Emotional Intelligence**—learning how Christ shapes our posture and helps us respond rather than react. This session takes the next step by applying those principles to **our everyday relationships**. Jesus teaches that how we treat others—especially in moments of disagreement or frustration—reveals what is happening in our hearts. As we reflect on His teaching from the Sermon on the Mount, we'll consider how humility, empathy, and wisdom can shape our conversations, so our responses build trust and strengthen the relationships around us.

Verse: *"In everything, therefore, treat people the same way you want them to treat you, for this is the essence of all the teachings of the Law and the Prophets."* Matthew 7: 12 TPT

Videos: [Why Sharing Your Wisdom Isn't Always Wise](#)

Presentation Overview:

- Guard against the trap of judging others too quickly.
- Practice self-reflection before correcting someone else.
- Use wisdom to discern when to speak and when to listen.
- Let the Golden Rule guide how you treat people.

Questions for Work as Worship

- **What stood out to you in the video or in Matthew 7:12?** Was there a phrase, idea, or moment that caught your attention—something encouraging, challenging, or even uncomfortable? Why do you think that stood out to you?
- Jesus talks about **noticing the "speck"** in someone else's eye while ignoring the "beam" in our own. Why do you think it is often easier to see faults in others than to recognize our own blind spots?
- Think about a **recent disagreement** or tense moment in a relationship. Looking back, what role did tone, assumptions, or emotional reactions play in how that situation unfolded?
- Jesus teaches that **wisdom includes knowing when to speak and when to hold back**. How do you personally discern when it is helpful to offer advice or correction and when it is better to listen and wait?
- **The Golden Rule invites us to treat others the way we would want to be treated.** In practical terms, what does that look like at home, at work, or in friendships?
- **What is one small relational shift you could practice this week?** It might be listening longer, asking a clarifying question, admitting a mistake, or responding more patiently. How might that change the tone of one of your relationships?

Closing Prayer:

Father, thank You for the people You've placed in our lives. Help us listen well, respond with humility, and treat others with the grace and patience we hope to receive. Shape our words and our reactions so our relationships reflect the character of Christ. Amen.