## MENS LIFE BLOOMINGTON | Wild at Heart Experience

Tuesday, January 23, 2024

## The Battle | Session Four — Extended Discussion

**Overview:** A man needs a battle to fight. He needs a place for the warrior in him to come alive and be honed, trained, seasoned. If we can reawaken the fierce quality in a man, hook it up to a higher purpose and release the warrior within, then the boy can grow up and become truly masculine. The recovery of the warrior heart is essential. Relinquishing the agreements we've made that pull us away is crucial.

**Focus Verse:** But I need something more! For if I know the law but still can't keep it, and if the power of sin within me keeps sabotaging my best intentions, I obviously need help! I realize that I don't have what it takes. I can will it, but I can't do it. I decide to do good, but I don't really do it; I decide not to do bad, but then I do it anyway. My decisions, such as they are, don't result in actions. Something has gone wrong deep within me and gets the better of me every time. It happens so regularly that it's predictable. Romans 7:17-22

Scheduled Tasks: View on Website

- ✓ Chapter 8 & 9 From Book
- ✓ Session 4 Video
- ✓ Between Sessions Personal Study
- ✓ **Listen to Audio:** http://menslifebloomington.org/bloomenlife/wp-content/uploads/2024/01/Wild-at-Heart-Experience-4.mp3

## **Extended Discussion Questions:**

- We could probably divide all guys into three categories: (1) guys who have no battle; (2) guys who are fighting the wrong battles, and (3) guys who know their true place in the battle. Which category do you see yourself in now? Explain.
- The world is a carnival of counterfeits— counterfeit battles, counterfeit adventures, counterfeit beauties. Which counterfeits tend to distract you the most? Why?
- What is the idea of "agreements" and in what ways have you seen this in your own life?
- How do agreements and wounds tie in together?
- Why do you think the renaming of the depression from "I am a depressed" to "I battle depression" was so huge for Sam?
- As you think about this idea of agreements, what are some that come to mind for you?
- In what ways does the idea of the "daily prayer" that he mentioned in the audio appeal to you? What would stop you from trying it?

Closing Prayer: We recognize that we each fight different battles. No two of us have the same battle. But what we do have a common enemy. One of the biggest tools in the devil's arsenal is to get us to believe things about ourselves that are just not true. We make agreements that are not healthy and lead us away from You! Help us to recognize these bad agreements, to turn around and renew a right relationship with You by holding on to your truths for us. May we know You better to fight stronger against the devil. Amen

Next Session: **February 13<sup>rd</sup>**, "The Beauty" deeper session five video

Between Sessions: Chapter 10, "A Beauty to Love" from the book.