

MEN'S LIFE BLOOMINGTON

April Key Topic

Facing & Surrendering to Challenges Head-On

Craig is a regular at Men's Life but when he is missing, it is for a good reason. He may be doing some intense mountain climbing.

He summited the highest mountain in the Southern and Western Hemisphere (Aconcagua). He took on the challenges of Island Peak and Cayambe (Ecuador). And went on the long overland journey to Everest Base Camp. On June 6 he heads out to climb Denali.

The challenge of climbing came from a need to find a new path after a major life setback. 10 years ago, at age 55, his marriage of 25 years failed. Big changes also occurred after the loss of a parent and a career change to something yet unknown. This journey became a spiritual experience as well. He needed a reset and climbing helped bring it into focus.

There has been intensive training, personal growth, and a commitment to Divine Will. "Facing and Surrendering to Challenges Head-On" provides valuable insights into overcoming challenges and conquering life's summits. It is a journey where the mindset, strategies, and lessons are aligned to Mind/Body/Spirit principles. You can use these ideas to reach your goals as you apply them to your own life.

Next Session Details

When: April 11th, noon – 1pm

Where: Bloomington Boys and Girls Club*
2nd Floor, Teen Room (*follow signs*)

Who: Open to any interested men

Prep: No prep needed, just show up

Lunch: Pizza will be provided

Cost: Free, lunches are sponsored

Speaker Details

Craig Medlyn is Sr. Director HR at Indiana University. His focus in HR is on organization development, change management and employee engagement but his passion is for mountain climbing trumps all.



For the 2022-23 season, Men's Life is going to look at **9 different Key Topics**. On the 2nd Tuesday of the month, we will have a 15-minute TED style talk on the topic along with small-group dialog for further interaction. Two weeks later, on the 4th Tuesday, we will follow-up with what the Bible has to say about that topic. Future topics are yet to be decided. The full schedule, when available, will be on our Website.

Men's Life exists to support men in their walk with Christ. We come together to discuss the issues and problems that are common to men. This includes supporting and praying for each other as we seek to glorify God.

The "Key Topics Approach" will address topics that men face. The goal is to help us be better husbands, dads, employees, employers and ultimately better Christ-followers.



*Located at 311 S Lincoln St, you can park in the lot to the south or on Lincoln St which is one-way southbound.